

#### SPRING 2013

Currently 88 Dedicated Volunteers
Executive Director, Jan Brewer
Volunteer Coordinator, Sherry Bryant

#### **Board Members**

President, Betsy Estopinal

Vice-President, Darlene Duerr

Secretary, Tina Greer

Treasurer, Greg Burgess

Susan Bowen | Jim Daniel | Sallie Estes

Paulette Hamblin | Tiffany Noel

Jim Vann | Talitha Yokley

## SHARING THE CARING

In Huntsville and Madison County

I never dreamed I'd be writing these words of remembrance about our co-founder and dear friend, Laura Binger. After a relatively brief illness, Laura Binger, co-founder of Friends, Inc., passed away Monday, March 25th. This is a great loss to all of us who admired this wonderful lady. Laura was my mentor and counselor for this organization. I admired her wisdom, humor, and love for others. Almost 10 years ago she gave me the opportunity to further her vision and ministry in this community through Friends, Inc. I had the honor and privilege to call her my friend.

Laura attended Monte Sano Methodist. This church family is in the process of building a playground and needed additional recreation equipment. Friends, Inc. purchased a swing with a plaque on the back in her honor. I had the privilege of visiting Laura and showing her a photo of the swing and the plaque. As I was leaving I said, "Laura, I don't want to say goodbye. I would rather say, 'See you later, Laura!" She replied with a smile on her face, "Only if you're good and don't mess up. So Jan, be good". And we both laughed. That smile and those words were the greatest gift of all!

As a co-founder of Friends, Inc., Laura helped establish an organization that benefits those who are seriously ill or disabled, lacking a support system. She always listened with ears of empathy and a heart of compassion. We will miss her counsel as she was committed to making Huntsville a better place. Laura's foresight and compassionate legacy lives on through this organization and its many donors and volunteers who give of their time and resources. We are benefactors of the legacy that she has left to us. Our deepest sympathy goes to Dr. Dick Binger and family.

May you always have love to share, health to spare, and Friends that care.

Jan Brewer



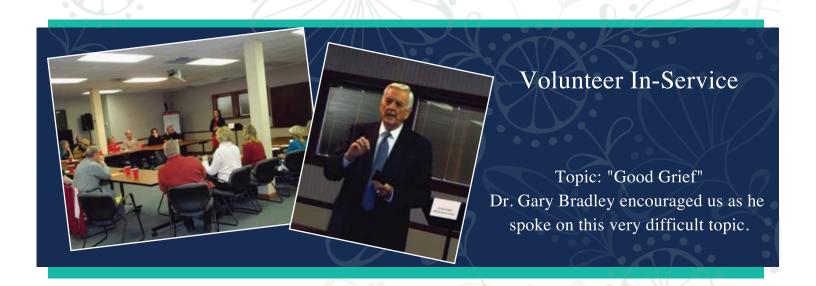
Tan Brewer, Executive Director

Roses are red, violets are blue, and Valentine's Day was extra special for Friends, Inc. patients too! This past Valentine's Day Hampton Cove Middle School students created beautiful Valentine's Day cards for our patients, which we excitedly stuffed, sealed, addressed, stamped, and mailed, knowing those handmade cards would mean the world to our patients. And they did. We received numerous phone calls from our patients telling us how touched they were to be remembered. Many of those patients shared that those cards were the only cards they received for Valentine's Day and how very thankful they were for them. Caring and compassion can manifest in so many ways; even in cards made out of red and pink construction paper with little hearts and white doilies pasted all over them. What a huge difference a sincere act of kindness can make in a person's life!

In March we were honored to have Dr. Gary Bradley speak to us at our Volunteer In-Service on "Good Grief". Dr. Bradley shared of the different characteristics of grief, the stages of grief, and suggestions for coping with grief. The In-Service was most informative, with Dr. Bradley helping all in attendance to understand that no matter what the circumstances, grief is normal, healthy, cannot be rushed, and that there is always hope.

Most recently we had the privilege of celebrating the amazing men and women who daily give of their time and energy to Friends, Inc. at our annual Volunteer Appreciation Breakfast. What a fun time of great fellowship, delicious food, and outstanding entertainment! This year we were honored to award Mike Ragoza as our Volunteer of the Year; Bill Bodden with Most Miles Donated; Mike Voisin with Most Generous Donation of Time; Bill Greer with our Outstanding Service Award, and Mary McDonald with the Above and Beyond Award. All of our volunteers are invaluable beyond measure; truly transforming the lives of so many.

Sherry Bryant, Volunteer Coordinato





# YOU WERE MADE TO DO GREAT THINGS!

# Friends, Inc. Volunteer Appreciation



FLORALS PROVIDED BY IN BLOOM FLORIST



ENTERTAINMENT BY DIXIE FLAVOR











# Laura Binger

was my friend before I even met her in person. When my husband Tommy decided to come to Huntsville and join the ENT practice of Gene Tate and Dick Binger, Tommy and I and our three children were in Tacoma, Washington where Tommy was serving in the Army at Madigan Army Hospital at Fort Lewis. Obviously, Washington was a far distance from Alabama and arranging our move was a little challenging! In step two wonderful people: Kathleen Tate and Laura Binger. Kathleen took care of setting up the office and Laura rented a house for us, arranged for all of our utilities to be installed, and invited us (all five of us) to stay at their home until our furniture arrived! All of this for people whom they had never met. Thus started a friendship of 38 years. To top it all off, I found Laura to share my love of books and we traded books over all these years.

How could I refuse a request to help with a "little project" she was interested in? Laura had served as a nurse with Hospice and had noticed that many of her patients lacked support for things such as rides to medical appointments, picking up medicines at the pharmacy, picking up groceries, a little respite care for the patients' caregivers, and even a friendly visit or call to brighten someone's day. Laura's vision was to form a nonprofit with volunteers providing these services. Thus was born Friends, Inc. She was tireless in the pursuit of getting the correct forms, making medical contacts, and raising funds to start out on a very small budget. Six of her friends formed the Board and from there we find ourselves today with dedicated volunteers guided by two amazing staff members, Jan and Sherry.

Laura was a tireless worker, always compassionate, very smart, a good listener, not one to call attention to herself, the kind of true friend everyone wants. She was my friend, and I will miss her.

-Dale Griggs



UNDERSTANDING OF HUMANITY • GOOD SENSE OF BUSINESS • WILLINGNESS TO HELP • INTEREST IN OTHERS WELL BEING

### When you think of *Memories* you've made with *Laura*... those memories become *Treasures*.

In memory of Mrs. Mary Laura Binger

Given By:

Mr. and Mrs. Arthur Albanese

Mr. and Mrs. Don Anderson

Ms. Judy Bible

Dr. and Mrs. Robert Boon

Mr. and Mrs. Dudley Brewer

Mr. and Mrs. Charlie Buchanan

Mrs. Robbie Burlison

Mr. and Mrs. James Burt

Mrs. Nancy Campbell

Mr. and Mrs. Steve Chandler

Mr. and Mrs. Henry Chase

Mr. and Mrs. Earl Choate

Ms. Diana Cooney

Mr. and Mrs. Billy Cox

Mr. and Mrs. William Crowder

Mr. and Mrs. Robert Davidson

Ms. Gayla Dean

Mr. and Mrs. Ronald Foxwinkle

Mr. and Mrs. Matt Fowler

Dr. and Mrs. William Goodson Jr.

Mrs. Beth Griggs

Mr. and Mrs. Cal Hanson

Mrs. Florence Helman

Dr. and Mrs. Richard Hull

Ms. Greta Inglis

Ms. Susan Johnston

Ms. Mary Ann Lafayette

Dr. and Mrs. Ed Litkenhous

Ms. Helen McBride

Mr. and Mrs. Jack McQuinn

Ms. Janet Moragues

Mrs. Bettie Murray

Mr. and Mrs. Dean O'Farrell

Mr. and Mrs. Bill Patrick

Ms. Bonnie Pearson

Mr. and Mrs. R.E. Rice

Mrs. Wynn Rodgers

Mr. and Mrs. Stanley Rodimon

Ms. Susan Rowan

Ms. Anna K. Sherwood

Mr. and Mrs. Jim Vann

Ms. Vi Veitch

Ms. Anne Walker

Mr. and Mrs. James Weaver

Mrs. Nita West

Ms. Doris Williams

Mr. and Mrs. Joe Worley

In honor of Mrs. Jan Brewer Given By: Mrs. Marilyn Bethune

In memory of Ms. Shirley Hood

Given By: Col. and Mrs. Robert Brown

In honor of Skilled Nursing and Therapy Staff of Fairview at Redstone Village

Mr. and Mrs. Gene Ezell

In honor of Mrs. Dale Griggs Given By: Mrs. Beth Griggs

In memory of Mr. Bill Bradley, Sr.

Given By: Ms. Greta Inglis

In memory of Ms. Kay Meir

Given By: Mrs. LaMerle Mikell

In memory of Mr. Ed Starnes

Given By: Mr. and Mrs. Bill Patrick

In memory of Mr. Michael Balch

Given By: Mr. and Mrs. Bill Patrick

In memory of Ms. Ruth Cowie Given By: Ms. Patti Patrick

In memory of Mr. Billy Max Duncan

Given By: Mr. Thomas Robinson

In memory of Mr. Billy Ray Wilbourn

Given By: Mr. and Mrs. Jim Vann

In memory of Mr. Ed Starnes

Given By: Ms. Anne Walker

In memory of Mr. Wayne Betowt

Given By: Ms. Anne Walker

In memory of Bill Bradley, Sr.

Given By: Mr. and Mrs. Delbert Williams

In memory of Bill Bradley, Jr.

Given By: Mr. and Mrs. Delbert Williams

Donations: Mrs. Joyce Adams, Mrs. Sidney Bailey, Mr. and Mrs. Boyce Bazzell, Mrs. Judy Berry, Dr. and Mrs. Robert Boon, Ms. Tiffany Brewer, Ms. Lillian Burcham, Mr. Tom Dashner, Ms. Leta DeMaiorbus, Mr. and Mrs. Jonathan Duerr, Ms. Joan Emanuel, Mr. and Mrs. Armand Fux, Mr. and Mrs. Lee Gilliland, Mr. and Mrs. Charles Holt, Huntsville West Kiwanis Club, Mr. Gregory Hutcherson, Mr. and Mrs. Paul Israel, Ms. Barbara Langford, Ms. Martha Martin, Mr. Patrick McCauley, Mr. and Mrs. Forest McCulloch, Mr. and Mrs. Bobby Noblitt, Mr. and Mrs. Denny Sissom, Sons of American Legion Squadron 237, Mr. and Mrs. Heinrich Struck, Ms. Edith Toney, Mr. John Watson, Ms. Sara Welch.

## In Loving Memory

Arlene Blackwell, Sarah Crews, Sophia Jenny Clements, Glenda Elston, Velma Gurley, Marilyn Hopper, Bridgete Kosman

Thank you for allowing Friends, Inc. to be a part of their lives.

#### SHARING THE CARING IN HUNTSVILLE AND MADISON COUNTY

Friends, Inc.

Friends, Inc. P.O. Box 608 Huntsville, AL 35804 www.friendsinc.net

RETURN SERVICES REQUESTED

CFC # 40931





It is our mission to provide support to patients with serious illnesses or disabilities

enabling them to maintain their

independence through caring volunteers.

and Friends, Inc. is growing like a weed! As I watch my yard come back to life and plant my spring flowers, I can't help but feel tremendous gratitude for our Creator and all the beauty that surrounds us. For me, spring is a time of renewal... and of gratitude. That's why I wanted to take this opportunity to thank you for all you've done to make Friends, Inc. a success. If it weren't for you, there wouldn't be a Friends, Inc. You are that important, and I thank you from the bottom of my heart for playing such a vital role in all the good that this organization provides. We simply couldn't do it without you.

-Jan Brewer

P.S. A special thanks to En Fuego Media for making this newsletter possible.