



# Friends, Inc.

## WINTER 2016



Currently 96 Dedicated Volunteers

Executive Director, *Jan Brewer*

Volunteer Coordinator, *Sherry Bryant*

### Board Members

President, *Betsy Estopinal*

Vice-President, *Talitha Yokley*

Secretary, *Tina Greer*

Treasurer, *Greg Burgess*

*Chris Allen | Carl Barton | Jim Daniel*

*Don Dukemineer | Sandy Garvey*

*Lori-Ellen Hudnall | Tiffany Noel*

*Shari Poteat | Shannon Siegel*

*Jim Vann*



### *New Location*

701 Andrew Jackson Way  
Huntsville, AL  
*United Way Building*

## PROVIDING FRIENDS FOR THOSE IN NEED

### *In Huntsville and Madison County*

A new year brings about a time of reflection. In looking back on the 2,000 plus volunteer support services that were provided by Friends, Inc. in 2015, it makes me proud to be a part of such an amazing organization. I get to work with people who have the desire and feel empowered to go out and provide services to those who are in need.

In 2015 our volunteers donated 22,767 miles and 2,547 hours to Friends, Inc.! Rides to 1,082 medical appointments were provided; 70 individuals were given non-medical supplies; and over 300 special projects were provided for our patients. Our special projects included 125 handmade valentines; 97 Thanksgiving "Bags of Blessings"; the delivery of 55 "Santa to a Senior" gifts; along with yard work and several small home repairs. Our volunteers tell us that they are able to engage their lives into the storm that the patient or new client is going through, and in doing so have the ability to provide a sense of peace and comfort to those hurting and needing a little more assistance to maintain their independence.

As you can see, giving back has always been a part of Friends, Inc.'s DNA for over 17 years. It is a commitment that shapes our relationships with our patients and could not be done without the support of our community. I am humbled to be a part of an organization that ministers to the needs of this often forgotten group of people. We continue to seek to bridge that gap while engaging community volunteers as part of the solution. Friends, Inc. has the opportunity to meet the needs of two people groups: those who want to volunteer to give back to our community and those who are in need of our services.

May you always have love to share, health to spare, and Friends that care.

Jan Brewer



*Jan Brewer, Executive Director*

He needed us. He had few friends, little support from family, and was suddenly having great difficulty with the simplest of tasks, even something as simple as holding a pencil or walking across the room; all of which made the task of driving his car out of the question. But he had medical appointments to get to; many of them. Often treatment for cancer requires seemingly unending medical appointments. Getting to his lab work, chemotherapy, radiation, and doctors' appointments more than 5 times a week was going to be impossible without help. It was all he could do to comprehend the seriousness of his diagnosis, much less figure out how he was going to follow through with the required treatments. He needed a friend to help him, many friends in fact, and that's when Friends, Inc. stepped up to do what we do best: provide a friend for those in need. We have volunteers who will do whatever it takes to make certain someone like the patient I have described gets the caring support that they need. Our volunteers are champions, providing support and assistance with compassion and dignity. We are immensely grateful to be able to call our volunteers our "Friends", as are all those that Friends, Inc. so diligently strives to care for. He needed us... and because of our exceptional volunteers, Friends, Inc. was able to be there for him.

Grace and peace,  
Sherry Bryant

*Sherry Bryant, Volunteer Coordinator*



Becky Carstens and Carl Barton on their way to deliver "Santa to a Senior" gifts.



Harold Rennebern from Kinesthetic Cue providing groceries for our Thanksgiving "Bags of Blessings".



## *Meet Anna!*

Hello, everyone! My name is Anna Stephens, and I am interning for Friends, Inc. this semester. I am a social work graduate student at AAMU. Although I have been with Friends, Inc. only six weeks, I can see firsthand the massive amount of work that Jan and Sherry put into the organization. I have also seen the positive influence the volunteers have on the lives of our patients. I am thrilled to have the opportunity to be a part of Friends, Inc. and work alongside such caring and dedicated staff and volunteers.

Anna





# Memorials, Honor Gifts, and Donations

In honor of Mrs. Regina Baker  
Given By: Mrs. Sidney Bailey

In honor of Mrs. Betsy Estopinal  
Given By: Ms. Barbara Bozeman

In honor of Mr. David Bain  
Given By: Mr. and Mrs. Hugh Brady

In honor of Dr. and Mrs. Tommy Griggs  
Given By: Ms. Robbie Burlison

In memory of Mrs. Kay Dashner  
Given By: Mr. and Mrs. Tom Dashner

In memory of Mr. Larry Hall  
Given By: Mr. and Mrs. Tom Dashner

In memory of Mr. Pat McCauley  
Given By: Mr. and Mrs. Armand Fux

In honor of U.S. Military & Civilian Service personnel  
Given By: Mr. Robert Gibbs

In honor of Dr. and Mrs. Tom Griggs  
Given By: Mrs. Beth Griggs

In memory of Mrs. Mary Hackenfort  
Given By: Mr. Robert Hackenfort

In honor of Mrs. Jan Brewer  
Given By: Mrs. Charlotte Hinkle

In memory of Mr. Clyde Eustis Walker  
Given By: Mrs. Dee Burt Holmes

In memory of Mrs. Laura Binger  
Given By: Mr. and Mrs. William Holt

In honor of Mr. and Mrs. Dudley Brewer  
Given By: Mrs. Susan Kelly

In memory of Mr. Christopher Griggs  
Given By: Dr. and Mrs. James McMurray

In memory of Dr. and Mrs. Dick Binger  
Given By: Mr. and Mrs. William Neely

In honor of Mr. and Mrs. Phil Taylor  
Given By: Mr. and Mrs. John Neider

In memory of Mr. Robert Bradley  
Given By: Mr. and Mrs. Bob Noblitt

In memory of Mrs. Marjorie Jones  
Given By: Ms. Patti Patrick

In memory of Mr. and Mrs. James Troup  
Given By: Mr. and Mrs. Richard Peck

In memory of Mr. Charles Ragoza  
Given By: Mr. and Mrs. Michael Ragoza

In memory of Mr. Frances Maguire  
Given By: Mr. Thomas Robinson

In memory of Mrs. Frances McCormick  
Given By: Mr. Thomas Robinson

In memory of Mrs. Elsie Hydrick  
Given By: Mr. Thomas Robinson

In memory of Mr. John F. Robinson  
Given By: Mr. Thomas Robinson

In memory of Mrs. Linda Lambert  
Given By: Mr. Thomas Robinson

In memory of Mrs. Anna May Robinson  
Given By: Mr. Thomas Robinson

In honor of Dr. and Mrs. Lou Horn  
Given By: Mr. and Mrs. Stanley Rogers

In memory of Mr. Mel Beam  
Given By: Mr. Jerry Scheiman

In memory of Dr. and Mrs. Dick Binger  
Given By: Ms. Anna Sherwood

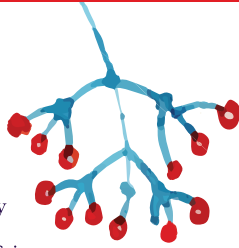
In memory of Mr. Bob Bender  
Given By: Mr. and Mrs. Paul Smith

In honor of Jan Brewer & Sherry Bryant  
Given By: Mrs. Evangeline Spillman

In memory of Mr. Edward Starnes  
Given By: Mrs. Jane Starnes

In memory of Mr. Christopher Griggs  
Given By: Ms. Margaret Vann

In honor of all who serve at Friends, Inc.  
Given By: Mrs. Russell Walls



Donations: Ms. Joyce Adams, Mr. Carey Allen, Ms. Marva Anthony, Mr. and Mrs. James Applegate, Ashburn Foundation, Mrs. Sidney Bailey, Mr. and Mrs. Ralph Barnes, Mr. and Mrs. David Barnhart, Mrs. Marilyn Bethune, Mr. and Mrs. Jim Bilbro, Mr. and Mrs. Bob Blankenship, Dr. and Mrs. J.D. Blankenship, Ms. Julia Boyd, Ms. Jana Brazelton, Mr. and Mrs. J.R. Brooks, Dr. and Mrs. Michael Brown, Dr. and Mrs. Richard Burnside, Mr. and Mrs. Jim Byrne, Mrs. Rebecca Carstens, Ms. Lindsey Carter, Church of the Nativity, Mrs. Butch Damson, Mr. Luther Davis, Mr. Ralph DeSanctis, Dr. and Mrs. Jay Dinerman, Mr. and Mrs. David Ely, Mrs. Ashley Essner, Dr. Temple Estopinal, Mr. Scott Field, Dr. and Mrs. Dick Finch, Mr. and Mrs. David Garvey, Mr. and Mrs. David Givens, Mr. and Mrs. Hayden Glenn, Mr. and Mrs. Jim Goldbach, Mrs. Evelyn Golden, Mr. and Mrs. Richard Gooley, Mrs. Renee Graham, Mr. and Mrs. Bill Greer, Mrs. Laura Hash, Ms. Julia Hawk, Mr. and Mrs. Howard Heffelfinger, Mr. and Mrs. David Hendrixson, Ms. Patty Henritz, Mrs. Bledsoe Hereford, Mr. and Mrs. William Herrin, Mrs. Chris Hinson, Mrs. Molly Holaway, Dr. and Mrs. Louis Horn III, Mr. and Mrs. Vernon Hutchens, Mr. Gregory Hutcherson, Mrs. Eleanor Hutchinson, Ms. Greta Inglis, Mrs. Roxanne Jones, Mr. and Mrs. Michael Jones, Mr. and Mrs. Hal Kimbrough, Mr. and Mrs. Larry Knothe, Mr. and Mrs. David Kohlhasse, Mr. and Mrs. John Ledbetter, Ms. Mary Levaas, Mrs. Doris Levinson, Mr. Curtis Lewis, Ms. Linda Lockhart, Mrs. Marilyn Lorch, Dr. and Mrs. Peter Loux, Mr. and Mrs. Bill Malcolm, Mrs. Mary Manary, Mr. and Mrs. Clifton Mann, Mrs. Martha Martin, Mr. and Mrs. Steve Massey, Mr. and Mrs. A.O. Maynard, Mrs. Angela McCarter, Mrs. Jeanee McGinnis, Mrs. Mary McQuinn, Mentor Graphics, Ms. Louise Merriweather, Mrs. Helen Middleton, Mr. and Mrs. Ed Miller, Mr. and Mrs. Rex Mills, Monte Sano Methodist, Monte Sano Methodist Women, Mr. and Mrs. Mark Moshier, Mrs. Charlotte Park, Mr. and Mrs. Steven Peterson, Mr. and Mrs. Lou Rau, Raymond James Charitable Fund, Dr. and Mrs. Robert Reynolds, Mrs. Nell Roberts, Mr. and Mrs. Dagnal Rowe, Ms. Helen Rushing, Dr. and Mrs. Calame Sammons, Ms. Joanne Sanders, Ms. Deborah Sargent, Mr. Michael Scarborough, Ms. Peggy Schlemmer, Dr. and Mrs. Marshall Schreeder, Mr. and Mrs. Doug Schuetz, Mr. and Mrs. Ken Shannon, Mr. and Mrs. Denny Sissom, Mrs. Pat Skidmore, Dr. and Mrs. Kelly Smith, Mr. and Mrs. Steven Solley, Sons of the American Legion, Mr. Luke Spears, Spectrum Solutions, Mr. Lydon Strickland, Mr. and Mrs. Charles Stroud, Mr. and Mrs. Philip Taylor, Mr. and Mrs. Bruce Thompson, Ms. Edith Toney, Trustmark National Bank, Ms. Janice Turner, Mrs. Sandra Vallely, Ms. Anne Walker, Mrs. Sara Welch, Ms. Nita West, Mrs. Karen Whitcomb, Mrs. Cathy White, Mr. and Mrs. Joe Worley, Mr. and Mrs. Darrell Wortman, Mrs. Margaret Yarbrough, Mr. and Mrs. Russell Yokley

## *In Loving Memory*

Susie Acklin - Robert Elliott - Evelyn Golden - Mark Lusk

*Thank you for allowing Friends, Inc. to be a part of their lives.*



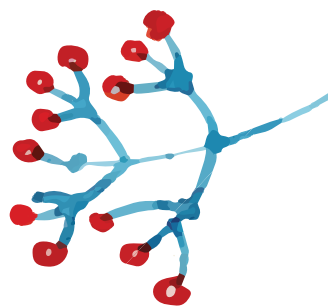
NON PROFIT ORG  
US POSTAGE  
PAID  
HUNTSVILLE, AL  
PERMIT #148

Friends, Inc.  
P.O. Box 608  
Huntsville, AL 35804  
www.friendsinc.net

RETURN SERVICES REQUESTED



40931



## THE POWER OF TOUCH

We have all known it, haven't we? Our mother who held us when someone hurt our feelings; the doctor who dried our tears after the diagnosis; holding your friend's hand at her child's funeral; placing your hand on someone's shoulder when the bad news comes. Can't we offer the same? Many of you already do, and have the Master's touch. You use your hands to comfort and minister to those in need. If you aren't touching them personally, your hands are writing letters, making a friendly phone call to say hello, or providing a meal. We all learned the power of touch at an early age. Friends, Inc.'s patients most often do not have anyone to offer a caring hand to them. They long for human contact and touch. So if you feel comfortable, reach out your hand to offer a pat on the shoulder, a hug, or a simple hand clasp. Not only will it make you feel better, but it will also make our patients feel the love that so many of them desperately need.

*Touching Lives Together*